

THERESSA MANKO

NON-UNION

**Representation: Aspire Talent Management
Canada**

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TURNING DREAMS INTO REALITY

Height: 5'8" | **Weight:** 165 lbs | **Hair:** Blonde | **Eyes:** Blue

TRAINING

- **Screening Room Graduate** — The Screen Acting Academy
- **Acting for Camera (Levels 1–4)** — Mike Migliara, Karen Cliche, F. Moura | The Screen Acting Academy
- **Improvisation Masterclass** — Karen Cliche | The Screen Acting Academy

SPECIAL SKILLS

- **Medical & Clinical:** 25+ Years Experience (Injections, phlebotomy, ECG, vitals, medical-legal terminology, case management, medical equipment operation)
- **Athletics & Fitness:** Intermediate: Trail running, weightlifting, yoga, swimming, Beginner: HYROX, CrossFit, Mixed martial arts
- **Winter Sports:** Beginner: Snowboarding Intermediate: Snowshoeing, ice skating
- **Outdoor Activities:** Hiking, nature photography
- **Languages & Accents:** English (Native / Canadian accent), Conversational French, French with accent
- **Driving & Travel:** G-Class (Class 5 QC) Driver's License, Valid Canadian Passport

SUMMARY & TYPICAL ROLES

Set-savvy professional actor and active outdoor enthusiast. Brings 25+ years of extensive clinical and medical-legal expertise, making her exceptionally well-suited for authoritative figures, corporate leaders, and medical professional roles. Balanced by two decades of motherhood, she naturally embodies grounded, empathetic, dramatic and relatable maternal characters.